

Called to Care: 2021 New Orleans Virtual Summit

Tuesday, October 26, 2021 | 12-5:30 pm CT

Mental Model Shifting: Breakout Room Activity

Breakout Room Directions | 20 Minutes

1. Identify a volunteer group facilitator.

Your facilitator will lightly guide the conversation to ensure that your group discusses each question and that all group members have a chance to engage in the conversation.

2. Discuss the three questions below.

Refer to the Levels of Systems Change image on page 2 and the New Orleans Youth Vision / New Youth Narrative on page 3, as needed.

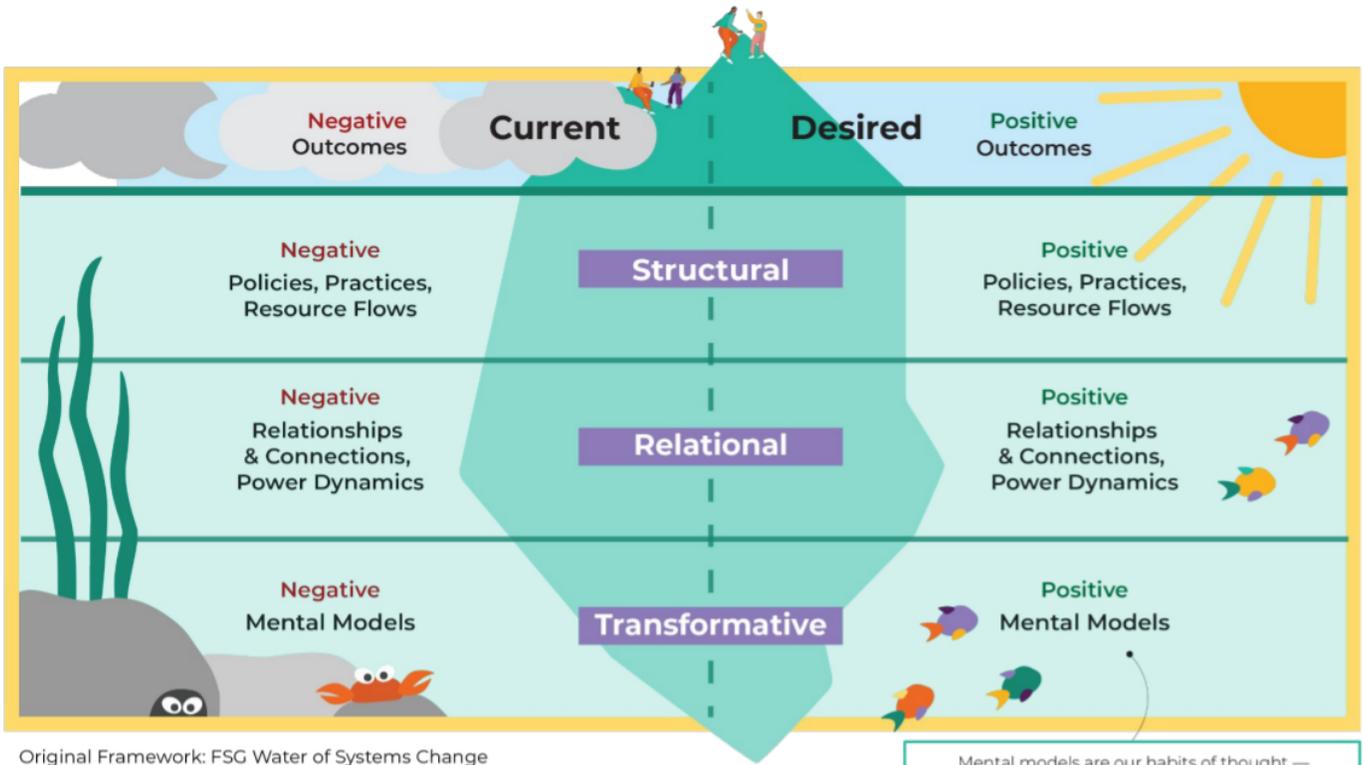
3. Identify a group spokesperson.

Your spokesperson will verbally report-out a brief summary of your group's discussion when we return to the main room.

Breakout Room Questions

1. What beliefs or mental models hold **our current approaches to care** in place, at relational (*relationships, connections, power dynamics*) and structural (*policies, practices, and resource flows*) levels?
2. What beliefs or mental models could uplift a **positive, community-driven approach to care**?
3. How might you and organizations/communities **contribute** to the shifts from our current mental models or beliefs towards those that uplift positive, community-driven approaches to care?

Levels of Systems Change



Original Framework: FSG Water of Systems Change

Mental models are our habits of thought — deeply held beliefs and assumptions that influence how we think, what we do, and how we talk.



BELIEFS + VALUES = OUR INTEGRITY
(what we say) (what we invest in) (how closely the two align)

VISION STATEMENT

New Orleans is a city where the full self-expression, leadership, creativity, and culture of all children and youth comes together to create a true community where everyone succeeds.

This is who the children and youth of New Orleans are, and this is where we are going:

- We are community builders. Regardless of the communities we come from, our backgrounds, or the schools we attend, we are part of the solution, not the problem.
- We have experiences, we face problems, and we come up with creative solutions. These are all valid. We are worthy of being heard and included.
- There is no future for New Orleans without us.
- We can define our own story, and our story of New Orleans must reflect our contribution and leadership. The story must be for us, about us, by us.
- We recognize as a city that each generation has its movement that is advanced by youth leaders. Today, our generation sets the stage for the next one to come.
- The children and youth of New Orleans are not broken or damaged. We can rise above circumstances and have the ability to define our own path. We are beautiful. We believe in our healing, our restoration, and our future.
- New Orleans children and youth represent a powerful, unified, diverse, socially conscious, intelligent network, capable of working with adults to lead New Orleans in becoming a more compassionate, just, and equitable city.